

The Coyote Log
190th ARW Public Affairs
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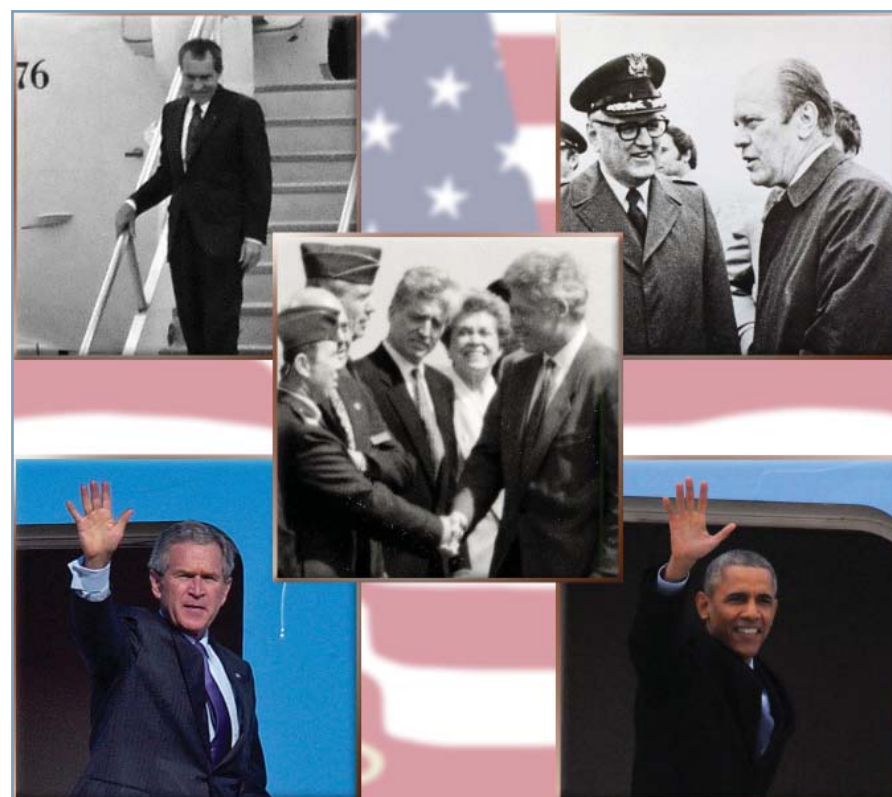
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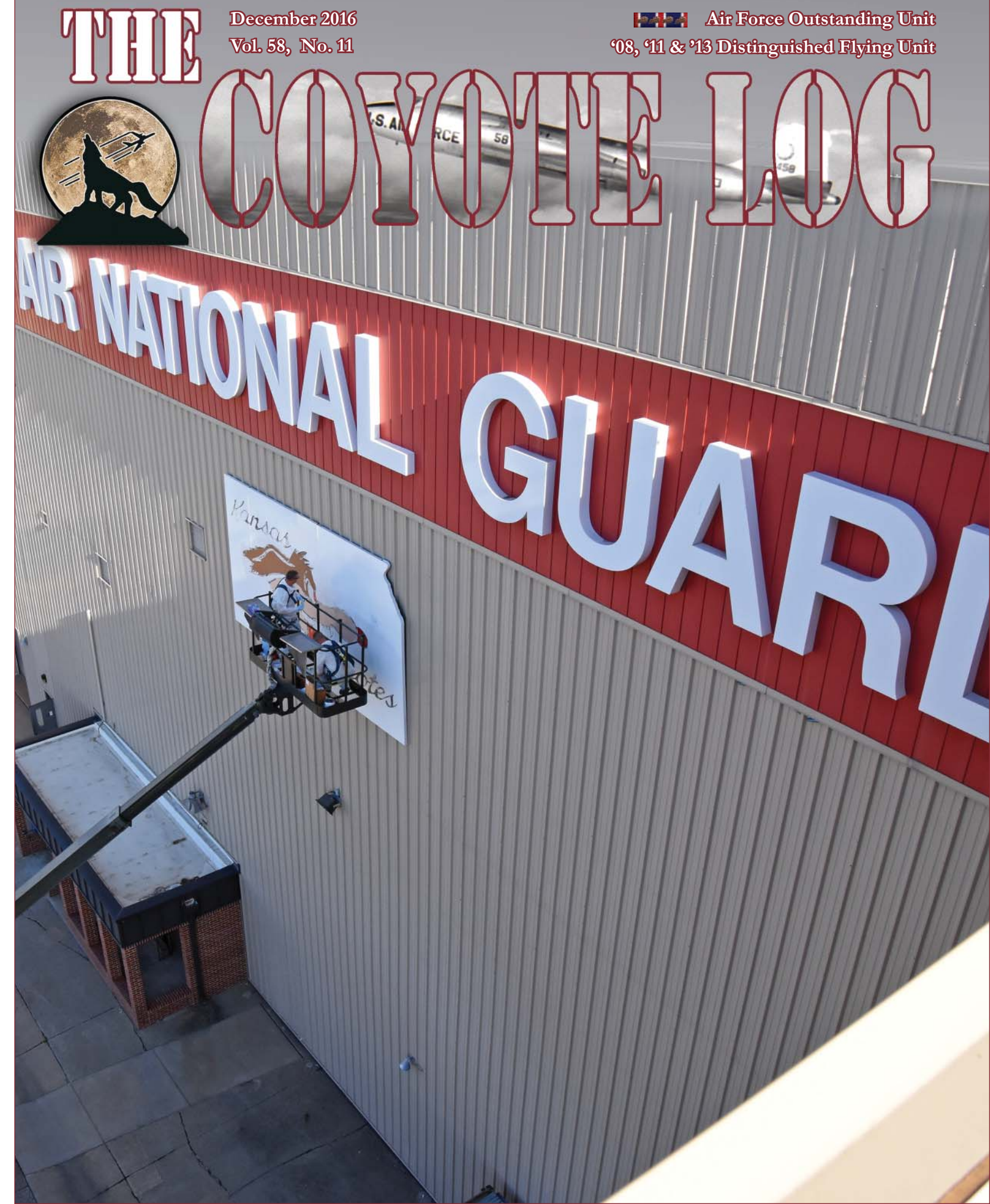
Coyote Heritage

Presidents at Forbes

With the election finally over, here
is a look at some of the past presidents
who have visited the 190th here at Forbes
Field.



Please record your story and send it to the historian's office at: 190th Historian, 5920 SE Coyote Dr., Topeka, KS 66619-5370.



Mission complete

By Col. Chris Turner

Vice Commander, 190th Air Refueling Wing



Coyotes, the 190th Air Refueling Wing stands as one of the finest military organizations in the Air National Guard. Having reached the acme of my military career with over 30 service years and 26 with the 190th, many emotions take root when I reflect on the major accomplishments of this family-oriented wing as I transition to military retirement.

A strong sense of pride occurs thinking about the 190th participating in every named operation since Desert Storm, our significant increases in flying operations worldwide, our many 190th personnel recognized as subject matter experts within Air National Guard, and our countless successful inspections and exercises.

Without a doubt, I will miss the daily interaction of close friendships and camaraderie, the 6 a.m. drive through the gate, and mentoring members during their career.

As I leave the Vice Commander position, please consider the following parting thoughts I derived from the greatest resource available, my family. The first thought stems from my high school sophomore son Hunter, who loves cross country and track. Steve Prefontaine, the famous runner who passed away too soon in life, once quipped “To give anything less than your best, is to sacrifice the gift.”

Each member within our Wing possesses a gift of selflessness, a gift of honor, courage, morality, and duty. We respect Integrity First, Service Before Self, and Excellence In All We Do. We initially join the Air National Guard for different reasons, but we stay to increase our gift to freedom, democracy, and our service. Please honor those that came before us and do not sacrifice your gifts: give your best to the 190th, your community, and the Air National Guard.

The next thought comes from my high school senior son Jordan, who loves band, books and film, especially Lord of the Rings. J.R.R. Tolkien reminds us “All we have to decide is what to do with the time given us.”

The 190th mission requires us to provide combat-ready personnel ready to deploy when called. Every drill period, we must choose how to allocate our time to maintain the proficiency required. Each of us must challenge ourselves to maximize our training to stay engaged, relevant, and prepared. The nation and Air Force possess an insatiable demand for air refueling and combatant commanders need our support personnel now more than ever. With the recent taskings for the reserve component period next fall, many career fields will directly participate in the ongoing worldwide efforts which underscore the need to be as productive during drill as possible.

My wife Kim, the family cornerstone and my utmost confidante, possesses a lifelong passion for running. The last thought comes from the elite U.S. marathoner Kara Goucher who remarked, “Watching the world’s best compete fires you up to achieve your own feats of greatness.”

Belonging to the best military, Air Force and Air National Guard unit should inspire every 190th member to achieve a feat of greatness. The opportunities for education, development, contribution, and career rest squarely on every member’s shoulders. Take time during the weekend to celebrate the achievements of our Airmen and let them motivate each of us to rise to the next level. Just as a rising tide lifts all boats, as our 190th personnel achieve success, get fired up to make your own impact to your Squadron, Group and Wing!

During pilot training when flying the T-37 Tweet, we knew the mission was nearly over and landing required when the fuel light illuminated; we called it the “mission complete light.” Every career

ends at some point and my mission complete light turned on. Thank you Coyotes for always being the place I referred to as “living the dream.”

COYOTE LOG STAFF

- Col. Jarrod Frantz**
COMMANDER, 190TH AIR REFUELING WING
- Maj. Joe Blubaugh**
WING EXECUTIVE STAFF OFFICER
- 1st Lt. Angela Brees**
CHIEF OF PUBLIC AFFAIRS
- 1st Lt. Celeste Arnold**
HISTORIAN
- Master Sgt. Allen Pickert**
PUBLIC AFFAIRS MANAGER
- Tech. Sgt. Mandy Johnson**
PHOTOJOURNALIST
- Tech. Sgt. Jake Meyer**
BROADCAST JOURNALIST
- Staff Sgt. Kayla Köhn**
PHOTOJOURNALIST
- Senior Airman Emily Amyotte**
PHOTOJOURNALIST
- Airman 1st Class Erik Panches**
BROADCAST JOURNALIST



On the cover:

Tech Sgt. Rick Hurla and Tech Sgt. Matt Montgomery paint the coyote sign high on the side of hangar 662.
(Photo by Master Sgt. Allen Pickert)

190th Public Affairs/Coyote Log
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FOR YOUR INFORMATION

PROMOTIONS

Senior Airman

Stephen Zecker, ARS



TELL A FRIEND

190TH OPEN CAREER FIELD POSITIONS

- Aviation Resource Management
- Aerospace Maint
- Propulsion, Jet Engines
- Aerospace Ground Equipment
- Aircraft Fuel Systems
- Aircraft Hydraulic Systems
- Aircraft Electrical/Enviro.
- Non Destructive Inspection
- Aircraft Structural Maintenance
- Avionics Comm/Nav
- Air Force Inst. Flight Controls
- Fuels
- Vehicle Operations
- Air Transportation
- Client Systems
- Cyber Transport
- RF Transmissions
- Cyber Surety (Crew Comm)
- Administration (Wing HQ)
- Electrical Power Production
- Water & Fuel Systems Maint.
- Fire Protection
- Emergency Management
- Services
- Security Forces
- Personnel
- Education & Training
- Chaplain Assistant
- Aerospace Medical Service
- Surgical Service
- Dental Assistant Apprentice
- Public Health
- Paralegal
- Contracting



Coyote Grill December Drill Menu



Saturday, December 3

- Shrimp Cocktail
- Baked Ham
- Roast Turkey
- Roast Beef
- Mashed Potatoes, Stuffing
- Sweet Potatoes, Green Beans

Desserts

- Sweet Potato Pie
- Pecan Pie
- Cheese Cake

Sunday, December 4

- Chicken Cordon Bleu
- BBQ Spare Ribs
- Steamed Rice, Red Potatoes
- Carrots, Peas

Desserts

- Sweet Potato Pie
- Pecan Pie
- Cheese Cake

Regular physical activity can help you fall asleep faster and sleep more deeply.



Work, Sweat, Repeat!

APPOINTMENTS/ENLISTMENTS

AB Nathan Brown, AMXS
Enlistment Date: Sep. 17, 2016

A1C Leonard Paige, MDG
Enlistment Date: Sep. 17, 2016

A1C Benjamin Richards, MXS
Enlistment Date: Sep. 29, 2016

A1C James Vogel, MXS
Enlistment Date: Sep. 5, 2016

2LT Olivia Kennedy, MDG
Enlistment Date: Sep 1, 2016

2LT Daniel Phillips, ARS
Enlistment Date: Sep 28, 2016

MAJ Michaela Parsel, MDG
Enlistment Date: Sep 1, 2016

Watch for the 4Ds of December Safety



DRUNKS



DEER



DISTRACTIONS



Portrait of an AIRMAN

SENIOR AIRMAN BRANDON SINGLETON

JOB TITLE:

Jet Engine Mechanic

MAIN RESPONSIBILITIES:

To maintain the engines and auxillary power units of the KC-135R

CIVILIAN CAREER:

Technician in the Engine Shop

EDUCATION:

Associate of applied science in fire science

GOALS AND AMBITIONS:

My main goal is to make Chief Master Sgt. while moving forward and mentoring other Airmen

MILITARY EXPERIENCE:

Nearly four years

HOBBIES/ACTIVITIES:

Hunting and fishing and I enjoy being outdoors and learning new things

MOST MEMORABLE 190TH MOMENT:

Going to Germany and learning so much about the culture

ACHIEVEMENTS:

Becoming a technician for the 190th Air Refueling Wing



Active shooter inspection survey results

By Maj. Gary Bodony

190th Inspector General Complaints

The inspector general's office conducted an active shooter inspection survey during the October drill. Nine questions were asked to 10 percent of each squadron. The survey found that the majority of "no" answers were given by traditional guard members. This highlights the need for emergency procedures to be briefed periodically on drill week-ends to ensure the information is given to all personnel, both traditional and full-time.



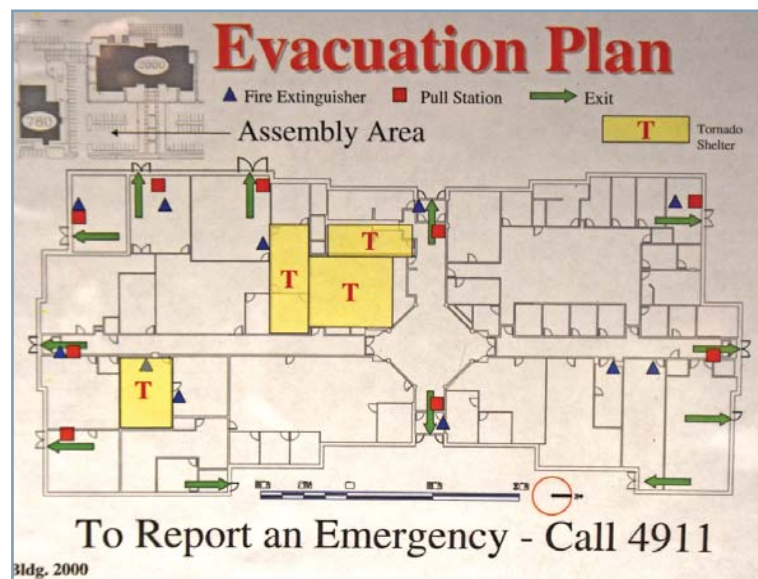
In the event of an active shooter it is best to take one of three op-

tions. First, escape the immediate area to a safe rally point. Second, if escape is not possible, hide where you are lest likely to be discovered. Finally, as a last resort, fight the aggressor using any and all means to overpower the subject.

Evacuation plans are also located near exits. Familiarize yourself with your evacuation plan in the event of an emergency. Everyone should be aware of what to do and where to seek

safety for any type of emergency.

If you have any further questions regarding the survey, feel free to contact the IG office at 861-4793 or 861-4270.



A sample evacuation plan with labeled tornado shelters.

Keeping up with keeping up

By Staff Sgt. Kayla Köhn

190th Public Affairs

Last month's Coyote Log introduced a discussion of enlisted professional development opportunities. These opportunities are necessary for Airmen to grow, advance and achieve their highest capability in their National Guard career. Besides becoming top notch technical experts in their career fields, they should achieve additional development milestones.

We previously discussed Professional Military Education and the participation in Councils available to Airmen here at Forbes. This month, we continue with the topics of the Community College of the Air Force and Enlisted Association of the National Guard of the United States.

The CCAF offers Airmen the opportunity to earn a 'CCAF degree.' A CCAF degree is an Associate of Applied Science and is accredited and transferable (note: other schools determine how many credits they will accept). It requires the completion of 64 college-level credits, but with some specifics

on how those credits break down. Six are in leadership and management, 24 in technical education and the rest from general education, which must include English Composition I, Public Speaking, College Algebra, Sociology or Psychology, plus a humanities course (examples are Art, Music Appreciation or a language course).

Airmen typically acquired the leadership and management credits by completing Airman Leadership School and the technical education credits usually come from completing technical school training and skill-level upgrade training. Airmen may be able to test out of the general education requirements.

Airmen should complete their CCAF sooner rather than later, especially since beginning this year the degree is required for promotion to Senior Master Sgt. and Chief Master Sgt. Contact Senior Master Sgt. Tony Snyder at 861-4132 or your Unit Training Manager with any questions about the CCAF degree.

EANGUS, along with the Air Force Sergeants Association, is the only association that directly represents

enlisted guard members before local and national lawmakers. This professional and national organization promotes legislative goals and budgetary issues before government on behalf of all guard members, including EANGUS members. Some of these goals and issues include state college tuition waivers or reimbursements, Tricare coverage, state income tax advantages and monetary awards for enlistment referrals, among many others.

"It's important to mention that EANGUS plays an essential role in today's political environment since we have fewer military veterans currently serving in Congress since the early 1900's," Tech. Sgt. Luke Broxterman, 190 ARW Area Chairman for EANGKS, said.

Each state has its own association and each state's benefits are different but requirement for membership is the same. Membership starts at \$30.00 per year. Direct your questions about the association to Tech. Sgt. Broxterman, 861-4468, or Senior Master Sgt. Troy Abel, 861-4270.

Operation Coyote Claus

Support one of the 190th's own families

The Family Program Office is accepting donations of **toys, clothes, food, household goods, or other items** to provide to these families this holiday season.

For more information please contact the Family Readiness office at 861-4940



Holiday Party

\$5 per person
American Legion Post 400
3029 US-24, Topeka
7 to 10 pm

Hot Cocoa Bar, heavy appetizers, drinks will be provided
Open to 190th members and their significant other

Pub Poll Trivia

Register your team with Adrienne Dickey via email
adrienne.l.dickey.civ@mail.mil
Teams of eight players or less
Prizes for the winners



CRUCIAL CONVERSATIONS COURSE

Resolve disagreements
Speak persuasively not abrasively
Foster teamwork
Improve decision making
Improved working relationships
Increased employee satisfaction

Nickell Armory
Dec. 13-14
Feb. 15-16
March 22-23

To register contact MSgt Pam Lewis
785-861-4712
Pamela.y.lewis2.mil@mail.mil
or
CW4 Sandra Lashley
785-646-1162
Sandra.s.lashley.mil@mail.mil

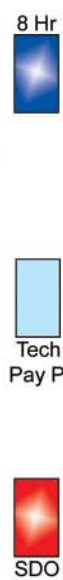
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